

ISSUE 8 · SUMMER 2023

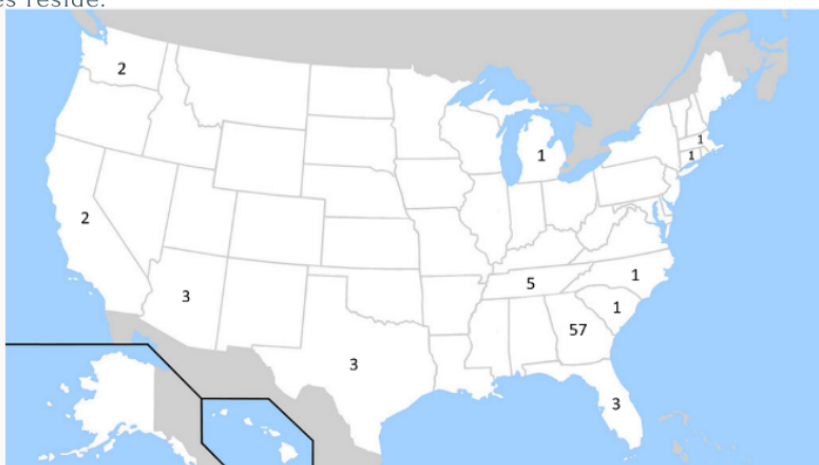
CRITICAL CHRONICLES

Updates from the Emory APP Critical Care Fellowship

Update from the Fellowship Directors

AIMEE ABIDE, PA-C, FCCM

It is mind-blowing how fast time flies by and how everything progresses. The Emory Center for Critical Care established the APP fellowship program and graduated the very first cohort of APP trainees in the early part of 2013 and now, here we are, a decade later! What do we have to show for it..... What is our growth? All of you, our graduates, of course! Our program has interviewed over 500 applicants and trained and graduated 80 APP fellows as of this spring 2023 cohort. This map below shows how far across the country our APP graduates reside.



Our advancement is not only evident in geographic growth but in Alumni leadership evolution, as well. We continue to be in awe of your transformational growth as clinicians and as leaders and are so proud to showcase you in our alumni newsletters. As always, remember your passion for practicing critical care medicine, and your ongoing devotion to your patients. It remains important to keep a close eye on your individual wellness and personal resiliency utilizing all of your resources including personal friends, peers and family. Continue to stay connected with the program and to share all of your accomplishments. We look forward to all the many achievements to come! 😊

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Spring 2023 Graduating Class

CONGRATS GRADS!

Ben Lassow will be starting in a CICU/CVICU Saint Francis Hospital in Hartford Connecticut. His advice to new fellows is to "Develop the skill to become comfortable in an uncomfortable situation and learn something from every preceptor/attending you work with." He is most grateful for "having the opportunity to work in so many different diverse units and be exposed to different types of critical care."

Kayleen Gillo accepted a job in 7I MICU at EUHM. Her advice for new fellows is "Trust the process. It will be a challenging year, but you will come out knowing more than you think. Lean on your co-fellows. Sometimes they will be the only ones who know exactly what you are going through and they really do help carry you through." She is most grateful for "The stories and tears shared in the Things We Carry Workshop with my cohort."

Madison Bassett accepted a job in 5E at EUH. Her advice to new fellows is to "take advantage of every learning opportunity available to you. Seek out learning experiences and people who enjoy teaching." She is most grateful for her cofellows. "They're amazing clinicians and even better friends."

Chawn Rasheed accepted a job in 11/41 EUHM. Her advice for incoming fellows is keep an open mind, take advantage of being within multidisciplinary teams; learn from everyone! And remember to take care of your personal health. She is grateful for the professional and personal relationships that were established throughout the process of completing the fellowship.

Sophia Larriva accepted a job at EUH CICU as a night APP. Her advice for incoming fellow is "There is power in showing up daily for a job that constantly makes you feel like there's an impossible amount of knowledge to gain. Don't forget that just by showing up each day, you're learning how to keep going, even when the task feels impossible." She is most grateful for Kyle and Sandy in simulation, giving her and the other fellows the one-on-one coaching to make them better providers. She is also so grateful for Grady and the incredible opportunity to take care of some very sick patients and to be given the trust to take care of them.



Welcome to the New Fellows

SPRING 2023 COHORT

Emily Farrow, PA-C

She is from Atlanta, GA and worked as a medical assistant in General/Interventional Cardiology at Piedmont Heart prior to going to PA school. In her free time she loves to run, try new restaurants, hang out with friends, play pickleball, and travel. Her favorite place to travel is Litchfield Beach, SC.



Daniel Helms, NP

He is from Orange County, CA and has lived in Atlanta since 2013. Before he went to NP school he was an M-ICU nurse. In his free time he likes to exercise, go on walks, and try good restaurants and cocktails. Him and his wife are big foodies. His favorite place to travel is currently France where he visited right before starting the fellowship.



Ashley Rim, NP

She is from right outside of Los Angeles, but has been in Atlanta for almost 10 years now. Nursing is her first career! She worked as an ICU nurse at Emory up until she started her NP program. In her free time she likes hanging out with friends and family, cooking, catching up on TV shows, trying out new restaurants, and winning against her husband on Mario Kart. She absolutely loves traveling to Korea. Seoul is a fun city with tons of great food and beautiful historic sites. She recommends visiting the countryside for a slower pace, and Jeju Island is also a must see.



Natalie Clifton, NP

She is from the Atlanta area. She worked as a critical care nurse for almost 6 years, before that she did a brief stint in the cubicle world. In her free time she loves reading, yoga, cooking, and spending time with friends. She got into cycling and gardening like most of America during the height of COVID, as well. She tends to prefer cooler climates. She loves the mountains and is planning a post-fellowship trip to Scottish highlands.



Aubrie Weiter, NP

She is from Denver, Colorado! She was an ICU nurse for 6 years before becoming an NP. On her days off she likes to read, run, hike, camp, spend time with friends, bake, be outside! She loves traveling in South America... but she has to say, the most beautiful place she has ever seen is New Zealand.





Bootcamp Spring 2023

THANK YOU TO ALL OUR ALUMNI LECTURERS

LAKIESHA, DESIREE, KYLE, SANDY, CARLEY, HAILEY, SUSANNA, SHELBY, RICHARD, ARSHIA, COURTNEY, HANNAH GALVAN, HANNAH GLUCK, HANNAH KAYLOR, CYASHA, STEPHEN, GWEN, SYD, DAVID, AND JIM



Follow the Fellowship on Instagram

@CRITICALCAREAPPFELLOWS

Updates on fellowship life and upcoming events. Feel free to tag so we can share alumni updates. We would love to feature you as an alumni spotlight!



Journal Club

SUNDAY, JULY 23 AT 5PM

"Video versus Direct Laryngoscopy for Tracheal Intubation of Critically Ill Adults." with current fellows Emily Farrow and Ashley Rim leading the discussion.

Join Zoom Meeting

<https://us02web.zoom.us/j/89937319015?pwd=ckY4eXUzWGNIM2x0cWZySkJsTW44UT09>

Meeting ID: 899 3731 9015

Passcode: 304441

Alyssa Majesko ECCC 5K

SATURDAY, SEPTEMBER 30 AT 9AM

Join your fellow ICU faculty and staff for the 4th Annual 5K Run/Walk and celebration at Lullwater Park. Sign up [here](#) by September 15 for a discounted rate!

Alumni Interviews

FALL 2023

Help interview APP Fellowship applicants for the Spring 2024 class. Interviews will take place at the end of September or beginning of October. All interviews are conducted virtually. Email Lindsey at Lindsey.bozeman@emoryhealthcare.org if you are interested in participating this fall.

Final Thoughts

Please continue to send me your thoughts and ideas on how to create a better newsletter to capture the diverse and incredible alumni of the APP Fellowship. This newsletter is a direct reflection of the amazing talents of everyone who graduated the program.

Danni Miltz

Fellowship Alumni Chair